

**Sermon Notes - Aug. 6, 2023**

**"Anxious for Nothing!"**

Pastor John Perry - Phil. 4:1-9

- **Introduction** - Don't Worry, Be Happy!
- **The Downside of Worry** - Mt. 13:22
  - Choking, Joy Thief
  - Problem of Mind and Heart - 4:7
- **The PEACE OF GOD** - 4:7
  - Jesus' Peace - John 14:25-27
- **Steps to Victory Over Worry...**
  - **Faith and Trust in God** - 1, Prov. 3:5,6, 2 Tim. 1:12
    - Trusting God for Your Salvation
    - Trusting God for Relationships - Mt. 5:9
    - Consider the Flowers/Birds! - Mt. 6
    - Consider Your Destination - Jn. 14:1-3
  - **Right Praying!** - 6  
Adoration, Apprehension, Appreciation
  - **Right Thinking** - Is. 26:3, 2 Cor. 10:5  
The "High Thinking of Verse 8"
  - **Right Living** - 9

Let not your heart be troubled; you believe in God, believe also in Me - John 14:1